



Hey Kids!

Do you have what it takes to be a **JUNGLE** **SURVIVOR?**

Join us & have a wild time
learning these super survivor
skills:

- Be the best you can be!
- Navigate communication
- Know yourself better, what makes you unique
- Be an example for others
- Deal with feelings
- Set goals and achieve them

For more information contact:

Contact sojourn wellness group

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OR check out our website

www.sojo.ca

