

Girls Empowered II

**Summer Day Camp for Ages 12 - 14
July 15th, 16th & 17th, 9:30 AM till 3:00 PM**



***Offering Techniques To Deal With:
The Unique Emotional
& Social Changes Girls Face***

**Topics Include:
Life's Path
Relationships
Dealing with Feelings
Building Trust
Gaining Respect**

**Plus: a daily sharing circle, a chance to ask questions, crafts,
lunch and snacks, and a spa surprise!**

Experience the freedom of being all you were created to be!

To Register and For More Information

Phone 780) 449-1196; www.sojo.ca

Sojourn Wellness Group 150-150 Chippewa Rd. Sherwood Park, AB