

Sojourn Wellness Group
Presents:
Colour Your Home
A Family Session

that will enable families to have a better understanding & appreciation of each other.

Sojourn Colour Your Home Includes:

- Individual personality testing
- Self discovery
- An informative group session
- A new awareness of others
- Understanding different personalities of others better
- Skills for building positive relationships
- A workbook to take home

For more information or to book a family Session call
780 449 1196

A Group session for your workplace may be arranged!

Developed by Tara D. Boothy, MA Registered Provisional Psychologist